

Advanced English Lesson 7 – Health - Illnesses and Symptoms

What is an illness? An illness is a disease or a sickness.

What is a symptom? Symptoms are the signs that you are sick, or the things that you are feeling.

You can have many symptoms for one illness.

Some symptoms are: (I have/I feel/ I am)	Some illnesses are: (I have...)
<ul style="list-style-type: none">• A <u>head</u> ache (to ache)• A sore <u>throat</u>• A runny nose• Congestion• A Cough (to cough)• A fever• Vomiting (to vomit/to throw up)• Fatigue• Nausea• _____• _____• _____	<ul style="list-style-type: none">• A cold• The flu• Malaria• Dengue Fever• Diabetes• _____• _____• _____• _____• _____• _____

Dialogue:

Boss: Hello?

Employee: Hi, this is Fatima.

Boss: Hello Fatima! How are you feeling today?

Employee: Not well. I shouldn't come into work. I'm really sick.

Boss: What's wrong?

Employee: I have a sore throat and a cough. I feel nauseous. I think I also have a fever.

Boss: It sounds like you have the flu. You should stay home today and rest!

Employee: Okay, thanks. I hope to feel better tomorrow.

Should (not) – modal verb used to **give advice/opinions/recommendations**

- I shouldn't come into work.
- You should stay home and rest!

What should you do to prevent illness? (Malaria? Diabetes? A cold?)
